

## Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
BBQ Buffalo Wings syn D	Y Bar								Y			Y			
courgette and onion bhaji, lemon and harissa dip	Y Unknown							Y			Y	Y		Y	
Crispy Whitebait , Tartare sauce	Y Unknown								Y						1
Garlic Buttered Dough Balls	Y Unknown									Y					
halloumi fries with jalapeno ketchup SYND D										Y	Y				1
hot Buffalo Wings syn D									Y			Y			
Squid Fries , garlic mayonaise									Y						1
sweet chilli pork belly bites							M Unknown						Y		
tomato and red pepper houmous , rose harrissa , crisp flatbread vg	Y Whe							Y					Y		

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
2 x BBQ board Pulled pork sliders ,4x chicken wings , grilled corn on the cob and 2x bbq pork ribs 13.95	Y Whe Rye Bar						Y Unknown	M	Y	Y		Y	Y	Y	
Fisherman's basket , breaded plaice goujons , Crispy shrimp, squid chips (gf) , tartare sauce , lemon 10.95									Y						3
Large BBQ Pulled pork nachos , sour cream, pico de gallo, jalapenos	Y Whe Rye Bar									Y				Y	
Brakspear beef Burger 2020 !	Y Whe Rye Bar Oat							M	Y	Y	Y	Y	M	Y	
"Moving mountains" 100% plant-based vegan burger, flat mushroom, herb dressing gem lettuce, tomato and skin on fries	Y Whe Rye Bar Oat				Y		Y Unknown	Y	M	M			M		
Battered Haddock Burger , tartare sauce , gem lettuce , chunky chips	Y Whe Rye Bar Oat			Y				M	Y	Y			M		
Buttermilk Buffalo Chicken Burger, bacon , cheese, hash brown , skin on fries	Y Whe Rye Bar Oat							Y	M	Y			M		
Pulled pork burger , bbq sauce , pickles , red onions, skin on fries	Y Whe Rye Bar Oat							M	M	M		Y	M		
Diavolo Pizza	Y Unknown									Y					
Funghi Pizza, Garlic & Truffle Butter, Portobello Mushrooms, Spinach, Parsley and Olive Oil	Y Unknown									Y					
Giardiniera Pizza, Olives, Red Onions, Artichokes, Cherry Tomatoes and Basil	Y Unknown									Y					

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Margherita Pizza, Tomato Sauce, Buffalo Mozzarella and Oregano	Y Unknown									Y					
Milano Pizza, Salami, Prosciutto, Mozzarella, Oregano and Rocket	Y Unknown									Y					
Sheep and bull House Pizza	Y Bar			Y					Y	Y	Y	Y		Y	
Syndicate D beer Battered Halloumi , fresh peas , tartare sauce , thick chips and lemon 10.95 ( gfa )	Y Whe								Y	Y				Y	
½ rack of BBQ glazed ribs , house slaw , watercress , thick chips , corn on the cob 13.50	Y Bar								Y	Y		Y		Y	
Garlic and herb marinated boneless ½ chicken Skin-on fries, house coleslaw, lemon, watercress £15.50 *									Y	Y				Y	
Grilled British Rump steak , field mushroom , fresh peas, baked tomato , thick chips 15.95												Y		Y	
Leek and pork sausages , raisan mustard mash , bourginon jus , broccoli	Y Whe						Y Alm Brz Cas Haz Mac Pec Pis Wal			Y	Y	Y		Y	
Slow cooked pork belly , braised red cabbage , honeyed carrots , Creamed mash potatoes , apple sauce 14.50 (gf)										Y				Y	
Smoked haddock , spring onion and cheddar fishcakes , spinach , leeks , mustard cream sauce 11.95	Y Unknown									Y		Y		Y	1
Steak and ale real pie , creamy mash , seasonal greens and proper gravy 12.95	Y Unknown						Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y	Y	Y		Y	

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
streaky bacon Caesar Salad , gem lettuce , anchovies , garlic croutons	Y Whe	Y		Y				Y	Y	Y					
Syndicate D beer Battered Haddock , fresh peas , tartare sauce , thick chips and lemon 11.95 ( gfa )	Y Whe								Y					Y	1
vegan thai vegetable curry , lemon rice, flatbread	Y Whe							Y						Y	
Whitby bay scampi , fresh peas , tartare sauce , lemon and thick chips 11.95	Y Whe	Y	Y	Y					Y						
1/2 rack ribs add on	Y Bar											Y		Y	
chunky chips side	Y Unknown														
crispy onion rings	Y Whe Bar														
Dirty pulled pork fries, jalapenos, bbq , mustard , and pickles 6.75 ( price increase )	Y Bar											Y		Y	
gooey cheesy chips , crispy bacon	Y Unknown									Y					
Peppercorn							Y Alm Brz Cas Haz Mac Pec Pis Wal			Y				Y	
side caeser salad	Y Whe	Y						Y	Y	Y					
side of clp , garlic butter										Y					

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
side of house slaw									Y	Y				Y	
Skin on Fries	Y Unknown														
Sweet Potato Fries															
2 Scoop Ice Cream	Y Unknown						Y Cas		Y	Y					
3 Scoop Ice Cream	Y Unknown						Y Cas		Y	Y					
Double chocolate cookie , milk ice cream	Y Whe	Y					Y Alm Cas Haz Pec Wal	Y	Y	Y				Y	
Lemon tart , raspberry sauce , raspberry sorbet 5.50	Y Whe						M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y					
Sharing Chocolate and honeycomb sundae , chocolate brownie , broken cookie , whipped cream ,fresh honeycomb , honeycomb ice cream	Y Whe	Y					Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
Warm chocolate brownie , milk chocolate ice cream 5.25	Y Unknown						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
Warm gluten free sticky toffee pudding , butterscotch sauce , pouring cream							Y Alm	Y	Y	Y				Y	
Add Avocado															
add bacon															

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
add halloumi large										Y					
add mushroom															
add swiss cheese										Y					
fries upgrade to sweet potato	Y Whe Rye Bar														
add bacon															
add burger patty															
add crispy prawns															1
add fried egg									Y						
add halloumi large										Y					
add hash brown															
add mushroom															
add onion rings	Y Whe Bar														
add pulled pork	Y Bar			Y							Y	Y		Y	
add swiss cheese										Y					
add chicken large															
pizza - add chorizo															
pizza - add mozzarella										Y					
Pizza - Add olives															

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
pizza - add pepper															
pizza - add portobello mushrooms															
pizza - add salami															
pizza - add semi dried tomatoes															
Pizza - add sliced red onions															
pizza - add spinach															
pizza- add pepperoni															
pizza- add prosciutto															

\* Allergens marked with 'M' may contain that allergen.

 Yes     May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts

Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts